

ABOUT THE SPEAKERS

Ian Luscombe

Ian has been in Special Education for over 28 years and for the last 15 of those years was Principal of Redbank School, Westmead, NSW. Redbank is the only joint Department of Health and Department of Education facility in NSW for the treatment of children (preschool to Yr 6) and adolescents (Yrs 7 to 12) with emotional, psychiatric and / or behavioural disorders.

Ian has been a mentor to aspiring and established principals and a trainer and coach in PBIS (Positive Behavioural Interventions and Supports). He was trained under Martin Seligman in Positive Education and has been a licenced facilitator of Covey's 7 Habits.

Ian is in high demand as a speaker and has spoken extensively across Australia (conferences, schools, universities, NSW parliament house) on practical behaviour management strategies and on ways to enhance teacher welfare in schools. He is a former advisory board member for the Adolescent Brain Website of the University of Toronto, Canada. He is still sane.



Dr Alison Knight

Alison has been a doctor for over 20 years, working in both England and Australia. In the last four years she has been working exclusively in functional and nutritional medicine. She is one of only 150 doctors throughout Australia to have been trained by the Walsh Research Institute from America. This institute specializes in the assessment and treatment of biochemical imbalances which cause behavioural and emotional disorders in children and adolescents.



TESTIMONIALS

“Brilliant!!!”

Elissa CAMPKIN
Cessnock East Public School NSW

“I am really hoping I am privileged enough to attend another one of your practical, engaging and totally awesome presentations. I didn't want the last presentation to end. I have been to many courses but yours is one of the very few which I still continue to rave about. Keep up the fantastic work.”

Jenny MANNIS
Assistant Principal
Cobar Public School NSW

“Great Stuff! A must do in every school as a foundation for real, sustained change in behaviour.”

Megan MARSHALL
Francis Greenway High School NSW

“Awesome presentation! Lots to take back to school. Think on!”

Briony WATSON
Moulden Park School Darwin NT

“Brilliant! Valuable information clearly presented. I only wish that all the teachers at my school had the opportunity to be here today.”

Graeme OKE
Principal
Vacy Public School NSW



BehaveAbility
No one else does what we do. *They just don't!*

2016
Terms 3 & 4



A NSW BOSTES and ACT TQI Endorsed Course

Positive Behaviour Management (with 20% new content)

IAN LUSCOMBE and DR ALISON KNIGHT

CANBERRA, SEVEN HILLS, PORT MACQUARIE and ORANGE



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WHO AND WHAT

Ian Luscombe will speak for 4 ¼ hours

BEHAVIOUR

Ian will discuss the three major strategies for managing disruptive behaviour with the focus being on preventing these misbehaviours from occurring. He will discuss school culture and its impact on student and staff wellbeing.

His particular interest is in discovering what prevents students from getting a consistent approach from the adults who care for them, and then working out ways to correct this. This topic will be explored.

His presentation, interspersed with humour and illustrative stories also examines ways to mitigate the negative emotional impact students' challenging behaviours can have on the adults who work with them.

Dr Alison Knight will speak for 1 ¼ hours

NUTRITION

Alison will review the current evidence of how diet affects behaviour and mental health in children. She will look specifically at how deficiencies in key nutrients such as zinc and vitamin B6 can also affect behaviour.

WHO SHOULD COME

This seminar is suitable for all mainstream and special educators (K-12). It is also suitable for other professionals who deal with children and adolescents.

BehaveAbility is an endorsed provider of professional learning for **NSW BOSTES (5 ½ hrs)** and **ACT TQI (5 hrs)**. This seminar addresses standards 4.1.2, 4.2.2, 4.3.2 and 4.4.2 of the Australian Professional Standards for Teachers.



Positive Behaviour Management

(with 20% new content)

This seminar is fun, entertaining, inspiring and practical. Some of the topics covered include:

IAN

- The three major strategies for managing disruptive behaviour
- How to avoid confirming a student's dysfunctional view of the world and themselves
- Dealing with non-compliance
- Why some students say nasty / hurtful things
- What to say when you don't know what to say
- The importance of establishing whole school systems of support and research proven examples
- School culture and how it either supports or hinders the consistent application of rules
- Written rules vs Unwritten rules
- Why teaching is a free personal growth course!
- The difference between prevention and intervention and practical examples of each, and why it is important to focus the majority of our energy on prevention

ALISON

- How food, food additives and nutritional deficiencies can affect children's behaviour
- The importance of a healthy diet in children's development and learning
- Insights into Australia's childhood obesity epidemic and how this relates to long term mental and physical health
- Essential nutritional information parents and children need to know

WHEN & WHERE

Friday 2 September 2016

CANBERRA ACT

ANU Commons

Cnr Barry Dr & Marcus Clarke Dr, Canberra ACT 2601

Thursday 8 September 2016

SEVEN HILLS NSW

Lily's Function Centre

162 Prospect Highway, Seven Hills NSW 2147

Friday 16 September 2016

PORT MACQUARIE NSW

Mercure Centro Hotel

103 William Street, Port Macquarie NSW 2444

Thursday 1 December 2016

ORANGE NSW

The Ambassador Quality Inn

174 Bathurst Road, Orange NSW 2800

HOW MUCH?

\$295 (ex GST)

Cost includes arrival beverages, morning tea, lunch, afternoon tea and handouts.

TIME?

9.00am to 3.30pm

Registration is open from 8.15am.

HOW DO I REGISTER?

Please go to:

www.etchouches.com/canberra2016

www.etchouches.com/sevenhills2016

www.etchouches.com/portmacquarie2016

www.etchouches.com/orange2016

NEED MORE INFORMATION?

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WHAT IS THE CANCELLATION POLICY?

Prior to 4 weeks before the seminar delegates will receive a 90% refund. Between 4 and 1 week prior to the seminar delegates will receive a 75% refund. No refunds are given for cancellations within 1 week of the seminar. Delegates can be swapped at any time for free but please inform us so we can amend registration details.

