

ABOUT THE SPEAKERS

Ian Luscombe

Ian has been in Special Education for over 28 years and for the last 14 years was Principal of Redbank School, Westmead, NSW. Redbank is the only joint Department of Health and Department of Education facility in NSW for the treatment of children (preschool to Yr 6) and adolescents (Yrs 7 to 12) with emotional, psychiatric and / or behavioural disorders.

Ian has been a mentor to aspiring and established principals and a trainer and coach in PBIS (Positive Behavioural Interventions and Supports).

Ian is in high demand as a speaker and has spoken extensively across Australia (conferences, schools, universities, NSW parliament house) on practical behaviour management strategies and on ways to enhance teacher welfare in schools. He is a former advisory board member for the Adolescent Brain Website of the University of Toronto, Canada. He is still sane.

Dr Alison Knight

Alison has been a doctor for over 20 years, working in both England and Australia. In the last four years she has been working exclusively in functional and nutritional medicine. She is one of only 150 doctors throughout Australia to have been trained by the Walsh Research Institute from America. This institute specializes in the assessment and treatment of biochemical imbalances which cause behavioural and emotional disorders in children and adolescents.

Andrew Fuller

As a clinical psychologist, Andrew Fuller works with many organisations, schools and communities in Australia and internationally, specialising in the wellbeing of people, teams and families. He is a Fellow of the Department of Psychiatry and the Department of Learning and Educational Development at the University of Melbourne.

Andrew has recently been the scientific consultant for the ABC on a 5 episode series called *Whatever: the science of the teenage brain*. He has also been a principal consultant to the national drug prevention strategy REDI, the ABC on children's television shows, is an Ambassador for Mind Matters and is a member of the National Coalition Against Bullying.

Andrew's most recent book is *Life : A Guide*. He is the author of *Tricky Kids* which has been now published in nineteen languages, *Tricky People*, *Guerilla Tactics For Teachers*, *Help Your Child Succeed At School*, *Raising Real People (Acer)*, *From Surviving To Thriving (Acer)*, *Work Smarter Not Harder* and *Beating Bullies*. Andrew has also co-authored a series of programs for the promotion of resilience and emotional intelligence. This latter program, called *The Heart Masters*, was used in over 3 500 schools in Britain and Australia. More information can be obtained at www.andrewfuller.com.au.

TESTIMONIALS

“Brilliant!!!”

Elissa CAMPKIN
Cessnock East Public School NSW

“I am really hoping I am privileged enough to attend another one of your practical, engaging and totally awesome presentations. I didn't want the last presentation to end. I have been to many courses but yours is one of the very few which I still continue to rave about. Keep up the fantastic work.”

Jenny MANNIS
Assistant Principal
Cobar Public School NSW

“Great Stuff! A must do in every school as a foundation for real, sustained change in behaviour.”

Megan MARSHALL
Francis Greenway High School NSW

“Awesome presentation! Lots to take back to school. Think on!”

Briony WATSON
Moulden Park School Darwin NT

“Brilliant! Valuable information clearly presented. I only wish that all the teachers at my school had the opportunity to be here today.”

Graeme OKE
Principal
Vacy Public School NSW



BehaveAbility
No one else does what we do. *They just don't!*



A NSW BOSTES Endorsed Course

**BEHAVIOUR
LEARNING
NUTRITION**

...the essentials in one day

**IAN LUSCOMBE, DR ALISON KNIGHT
& ANDREW FULLER**

BYRON BAY & SYDNEY 2016



inyahead

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WHO AND WHAT

Ian Luscombe will speak for 3 hours

BEHAVIOUR

Ian will discuss the three major strategies for managing disruptive behaviour with the focus being on preventing these misbehaviours from occurring.

His presentation, interspersed with humour and illustrative stories also examines ways to mitigate the negative emotional impact students' challenging behaviours can have on the adults who work with them.

Dr Alison Knight will speak for 1 hour

NUTRITION

Alison will review the current evidence of how diet affects behaviour and mental health in children. She will look specifically at how deficiencies in key nutrients such as zinc and vitamin B6 can also affect behaviour.

Andrew Fuller will speak for 1 ½ hours

LEARNING

Andrew will present, in his usual humorous and highly engaging manner, the latest brain research into the optimum conditions that enable children and adolescents to learn. He will explore how we can help our students build concentration and memory power and develop self-esteem and confidence.



WHOM IS THIS SEMINAR SUITABLE FOR?

This seminar is suitable for all mainstream and special educators (K-12). It is also suitable for other professionals who deal with children and adolescents.

BehaveAbility is an endorsed provider of BOSTES (incorporating the NSW Institute of Teachers) registered courses for the maintenance of accreditation at Proficient Teacher level. **This day seminar counts as 5 ½ hours of BOSTES registered professional development for NSW teachers.**

BEHAVIOUR LEARNING NUTRITION

...the essentials in one day

This seminar is fun, entertaining, inspiring and practical. Some of the topics covered include:

IAN

- The three major strategies for managing disruptive behaviour
- How to avoid confirming a student's dysfunctional view of the world and themselves
- Dealing with non-compliance
- Why some students say nasty / hurtful things
- What to say when you don't know what to say
- The importance of establishing whole school systems of support and research proven examples
- The difference between prevention and intervention and practical examples of each, and why it is important to focus the majority of our energy on prevention

ALISON

- How food, food additives and nutritional deficiencies can affect children's behaviour
- The importance of a healthy diet in children's development and learning
- Insights into Australia's childhood obesity epidemic and how this relates to long term mental and physical health
- Essential nutritional information parents and children need to know

ANDREW

- How to build concentration and memory power
- Ways to overcome anxiety, develop confidence, build self-esteem and increase motivation
- How to develop a mindset for success
- Ways to develop problem solving, planning, sequencing and listening skills

WHEN & WHERE

Monday 19 September 2016
BYRON BAY NSW
The Byron Theatre

Thursday 17 November 2016
SYDNEY NSW
Coogee Surf Life Saving Club

HOW MUCH?

\$295 (ex GST)

Cost includes arrival beverages, morning tea, lunch, afternoon tea and handouts.

TIME?

9.00am to 4.00pm

Registration is open from 8.15am.

HOW DO I REGISTER?

For Byron Bay

www.etches.com/byronbay2016

For Sydney

www.etches.com/sydney2016

NEED MORE INFORMATION?

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WHAT IS THE CANCELLATION POLICY?

Prior to 4 weeks before the seminar delegates will receive a 90% refund. Between 4 and 1 week prior to the seminar delegates will receive a 75% refund. No refunds are given for cancellations within 1 week of the seminar. Delegates can be swapped at any time for free but please inform us so we can amend registration details.

